

THE DISH

E-Newsletter from Sedona Community Food Bank

Keeping SCFB Funded for Our “New Normal”

Last week on our Wednesday Distribution Day, Sedona Community Food Bank assisted 190 families! This is our “new normal” - and a higher number than our average even in 2020. Keeping up with this increased capacity means that we are always seeking funding, which is mostly from individual donors like you! You can help SCFB continue to feed the working families, children and seniors who are the heart of our community by visiting our website or clicking on any of the donate buttons in this newsletter. You can also read on the next page how you can now support us through the Fry’s Community Rewards Program, too, and as always we are so very grateful for all the generous and thoughtful donations of food that we continue to receive.

In the past month, we have received grants from Rotary Club and APS, along with a wonderful and much needed donation of \$20,000 from Christ Lutheran Church’s Hands Healing Hunger event! Many thanks to all our amazing community partners for making this crucial funding possible. We truly could not support our community without your help, and are so grateful.



Register for the Stamp Out Hunger Food Drive

Make plans to participate in the largest one-day food drive in the country on Saturday, May 11! This annual food drive brings

much needed donations to your local [Sedona Community Food Bank](http://SedonaCommunityFoodBank.org). It is so easy to participate. Just put your shelf stable food donations in, next to, around, or below your mailbox on Saturday, May 11 before your mail is delivered. Then our lovely volunteers or mail carrier will pick up your donation for the food bank.

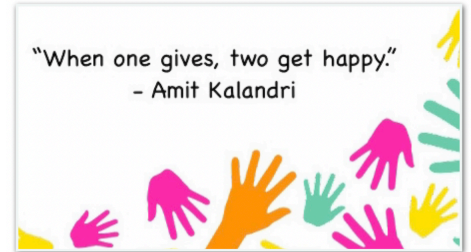
How easy is that?

Thank you in advance for your support.



Giving is its Own Reward & A Prescription for Joy

One of the most wonderful things about giving to others is that it truly is its own reward, as the saying goes. For example, community members often stop by with fresh produce from their gardens, bags of nonperishable foods collected from their



neighbors, cases of food picked up on their last trip to Costco, toilet paper, diapers and wipes, pet food and more. After delivering, these folks always leave smiling; especially, I notice, if it happens to be distribution day and they witness the food bank at its busiest: filled with clients, their kids, our volunteers, the building buzzing with activity! One of our constant needs is for bags: you know the ones - humble brown paper grocery bags that accumulate in our car trunks and garages. Every few weeks, one particular woman bustles in with paper bags she has collected. She never stops to give her name, doesn't need thanks, she just comes and goes.

Similarly, at my home, I am visited by my very own personal "bag fairy" as I think of her. I have no idea which of my neighbors it is, but periodically a bundle of brown paper grocery bags appears on my front porch. I'd thank her, but she comes and goes in secret. So thank you to all the "bag fairies" out there, all the gardeners and other thoughtful people who drop their donations off and vanish, not needing or wanting credit or thanks. I hope your act of kindness fills your heart with joy. After all, giving is a great prescription for mood-improvement!



Support SCFB *through the Fry's Community Rewards program!*

SCFB's easiest Fundraising event: shop at Fry's and use your V.I.P. account!

STEP 1: CREATE AN ONLINE FRY'S ACCOUNT by visiting www.FrysCommunityRewards.com and clicking on 'Create an Account' (if you don't already have one) and following the instructions.

STEP 2: REGISTER FOR THE FRY'S COMMUNITY REWARDS PROGRAM. From www.frysfood.com, scroll to the bottom & click "Fry's Community Rewards" & select 'Enroll Now'. Under 'Find Your Organization': Enter Sedona Community Food Bank, then select 'Search'. Once you have found the us click 'Enroll.'

If you have registered correctly, you will see a confirmation page stating 'You have successfully enrolled in Community Rewards'

Fry's Community Rewards program is designed to be the easiest fundraiser in town!

All you need to do is shop at Fry's and use your rewards card, and SCFB will start receiving donations from Fry's! This can make a big difference for us. Please tell all your friends!



Many Thanks to Our Generous Supporters!

*Thank you to all our supporters!
We appreciate you and all that you do for our community!*

Arizona Community Foundation of Sedona
Aletheia Church

Aspey Watkins Diesel PLLC - AWD Law

Azadi Fine Rugs

Basha's

Blackmarr's Furniture

Big O Tires

Burton Family Foundation

Christ Lutheran Church - Sedona

Church of the Red Rocks

City of Sedona

Clark's Market

Cleaner Quicker Car Wash & Detailing

Coffee Pot Restaurant & Gift Shop

Delta Dental of Arizona

Diva Hillside

Eyeworks Sedona

Gerardo's Italian Restaurant

Healthy World Sedona

Jewish Community of Sedona & the Verde Valley

Kiwanis Bell Rock Chapter

L'Auberge de Sedona

Marriott Residence Inn & Marriott Courtyard

Mooney's Irish Bar

MyAZValues

Natural Grocers

Neighborhood Food Project Green Bag Collection

Northern Arizona Healthcare

Oak Creek Espresso

OneAZ Community Foundation

PlantzPlatter

Rotary Club of Sedona Village

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Sedona Area Veteran & Community Outreach

Sedona Brewing Company

Sedona Car Club

Sedona Chamber of Commerce

Sedona International Film Festival

SedonaKind

Sedona Motors

Sedona Recycles

Sedona Red Rock High School

Sedona Toys for Tots

Sedona Unitarian Universalist Fellowship

Sedona United Methodist Church

Sedona Wish List

St Andrew's Episcopal Church

St John Vianney Catholic Church

St Luke's Anglican Church

Stamp Out Hunger Food Drive

Starbucks

The Humane Society of Sedona

The Sedona Women

The Wood Joint Cabinet Manufacturer

Tlaquepaque

Unify Sedona - A Rainbow Alliance

Verde Valley Caregivers' Coalition

Whole Foods Market

Wildflower Bakery & Cafe

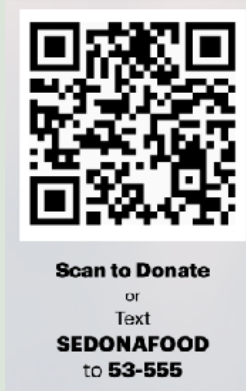
Wyndham Resort

[Donate Here](#)

Our Board Members

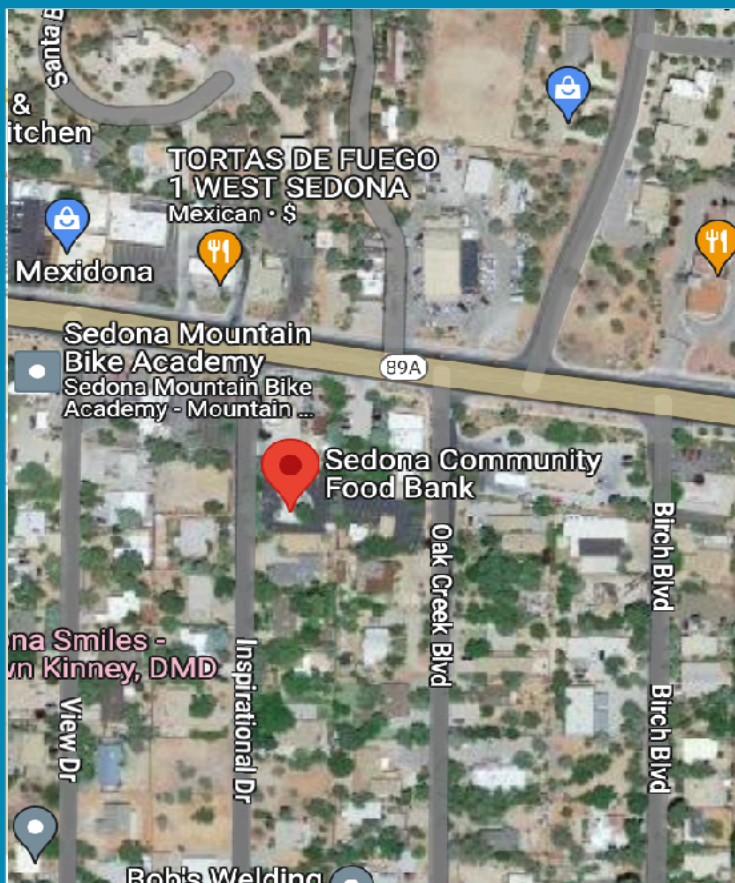
Sedona Community Food Bank's board is a working board - we couldn't accomplish everything we do without the amazing contributions & dedication of this fantastic team.

- Jane Tusso** - President
- Patsy Brunner** - Vice President
- Felicia Blasdel** - Treasurer
- Robin Czachor** - Secretary
- Mike Cook**
- Carol Kurimsky**
- Rick Ferreira**
- Cathleen Healy-Baiza** - Executive Director



[**Donate Here**](#)

“Help us Trade Hunger for Hope!”



Get in touch with us!

The Sedona Community Food Bank is located at
**30, Inspirational Dr
Sedona, AZ 86336**

Cathleen Healy Baiza, Executive Director -

[**SedonaFoodBank@gmail.com**](mailto:SedonaFoodBank@gmail.com)

- Laura Brown, Community Development Manager, -

[**FoodBankDevelopment@gmail.com**](mailto:FoodBankDevelopment@gmail.com)

SedonaFoodBank.org

928 204 2808